



FOR IMMEDIATE RELEASE

Contacts:

Company: Brian Hochheimer 301-251-1161, ext. 10232 bhochheimer@emmes.com

Media: Karen Vahouny

703-624-2674

kvahouny@gmail.com

Emmes Honored for Workplace Excellence

Company Also Recognized for Health and Wellness Awards

Rockville, MD – July 24, 2019 – Emmes today announced that it has received a Workplace Excellence Seal of Approval from Alliance for Workplace Excellence (AWE). This is the fifth consecutive year the company has received the AWE Workplace Excellence award.

The <u>AWE</u> created the annual recognition program to honor organizations that show an exemplary commitment to building excellent places to work in Montgomery County, Maryland, and throughout the United States. Workplace Excellence winners are evaluated on such attributes as innovative corporate culture and management practices, family-friendly policies and programs, employee growth and learning opportunities, and a commitment to corporate responsibility.

Emmes also received a Health & Wellness Seal of Approval from the AWE for innovative programs promoting employee health and wellness. The AWE award considered employee health fairs, support for physical activity and healthy eating programs, health risk assessments, educational programs on healthy lifestyle, and incentives for participation in wellness programs.

In addition to the AWE recognition, Emmes was honored with a Gold Award from the Maryland Department of Health. Its Healthiest Maryland Businesses Wellness at Work Awards program salutes businesses in the state that are committed to improving employee health and well-being.

According to the Maryland Department of Health, Healthiest Maryland Businesses is a collaborative of Maryland businesses with a shared mission of improving health through worksite wellness efforts.

There are three awards – gold, silver and bronze – and Emmes' Gold Award acknowledged the well-established workplace wellness practices that promote a culture of health at all levels and utilize policy, programming, benefits, and environmental supports to improve employee health.

Dr. Anne Lindblad, president and chief executive officer of Emmes, said, "We are so proud to be honored with both the Workplace Excellence Seal of Approval and the two Health & Wellness awards. Our leadership team continues to listen to what employees want, and we have created and improved programs and activities that enrich our employees' lives and make us an even better place to build a career."

Lindblad added, "Our company was founded on a dedication to research that addresses the health needs of people representing all ages and walks of life. The fact that we have been selected for awards relating to health and wellness makes it even more gratifying."

About Emmes

We collaborate with our clients to produce valued, trusted scientific research. Our team members at Emmes are passionate about making a difference in the quality of human health, and we have supported more than a thousand studies across a diverse range of diseases since our formation in 1977. Our research is contributing to a healthier world. For more information, visit the Emmes website at www.emmes.com.